



# **2009 NSSA Single Handed Team Racing Championships**

**3 & 4 October 2009**

**Hosted By**

**NORTHAMPTONSHIRE SCHOOLS SAILING AND CANOEING ASSOCIATION**

**&**

**HOLLOWELL SAILING CLUB**



## WELCOME PACK

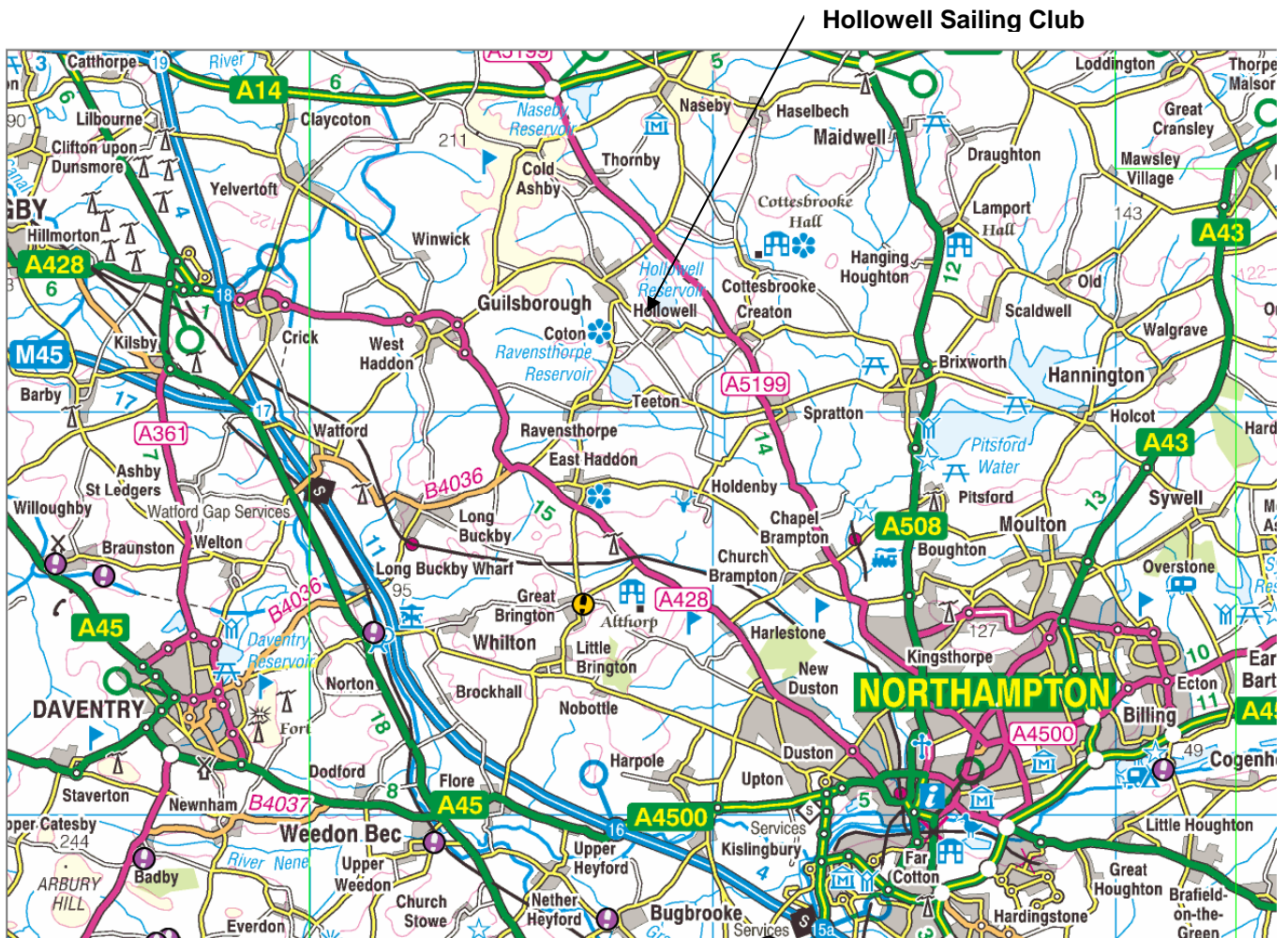
Thank you for requesting details of the NSSA Team Racing Championships 2009. This Welcome Pack should (hopefully) answer all your questions and enable you to return your entry details as soon as is convenient.

The 2009 National School Sailing Association Team Racing Championships will be held on the 3<sup>rd</sup> and 4<sup>th</sup> of October at Hollowell Sailing Club in Northamptonshire.

Within this welcome pack you should find all the information you need, but if you need any further information do not hesitate to contact us.

Hollowell Sailing Club is located at Hollowell Reservoir, just off the A5199 between Leicester and Northampton.

### ROUTE MAP



**ENTRY FORM** - Please identify the number of teams to be entered. If you are unable to provide us with the names of your team members now, they can be submitted at a later date. Please remember the eligibility requirements for this event, stated in the Notice of Race.

Also when entering teams, you may wish to bear in mind that the highest placed member organisation whose team consists of three juniors (under 16 on 31<sup>st</sup> December) will be eligible for mementoes,



## **MEALS**

### **Friday Evening Meal**

Team managers should make their own arrangements

### **Saturday Evening Meal**

A 2 course hot meal will be available at Hollowell Sailing Club. Meal tickets will be issued at registration

### **Saturday and Sunday Breakfast**

Breakfasts comprising fruit juice, cereal and sausage or bacon roll will be available at Hollowell Sailing Club from 0830am on Saturday and Sunday. Meal tickets will be issued at registration.

### **Saturday and Sunday Lunch**

A hot lunch will be available each day at Hollowell Sailing Club. Meal tickets will be issued at registration.

### **Other**

Tea, Coffee, soft drinks, snacks including hot dogs etc will be available at the sailing club throughout the day, and the bar will be open during normal hours.

## **MAKING YOUR OWN ARRANGEMENTS**

Team managers are welcome to make their own arrangements for alternative accommodation if they so wish.

**GENERAL INSTRUCTIONS** - With such a large number of young people, it is important that Team Managers maintain control of their teams at all times, both on and off the water, making sure that they are ready on time and respecting other people's needs etc. We have tried to minimise the rules for the event and with your assistance we are sure that the weekend will be an enjoyable experience for all concerned.

**PAYMENT** - Finally, we come to the worst part of the event - payment! We have tried to keep the costs down to a minimum and it is appreciated that with school holidays etc. there could be some difficulty in contacting potential team members, to obtain definite numbers. We hope that you will understand that in order to plan the event, we must set a deadline for entries and entry forms must therefore be returned by 11 September 2009 at the absolute latest.

Your damage deposit cheques will be returned after any damage (including tabards) has been assessed.

If you have any further queries prior to the event, please do not hesitate to contact me, otherwise we look forward to meeting you at Hollowell.

Ian & Joyce Hall

Tel: 0116 2339274 e-mail: [ian-hall@ntlworld.com](mailto:ian-hall@ntlworld.com)

# NSSA TEAM RACING CHAMPIONSHIPS 2009

3 & 4 October 2009 – Hollowell Sailing Club

## REGATTA ENTRY FORM

**Name of NSSA Member**

TEAM NAME	Tick if Junior	NAME OF TEAM MEMBER		

- Junior teams must consist of three competitors who will be under 16 on 31<sup>st</sup> December in the year of the event.
- If you are unable to provide the names of team members now, please photocopy the entry form and send details later.

## Regatta Fees

	<b>No of teams</b>	<b>Total £</b>
<b>ENTRY FEES</b>	<input type="text"/> @ £50 per team	<input type="text"/>
<b>ACCOMMODATION &amp; MEALS</b> Total as detailed on the Accommodation & Meals form		<input type="text"/>
<b>TOTAL FEES</b> (please make cheques payable to NSSCA)		£ <input style="border: 2px solid black;" type="text"/>
<b>ADDITIONAL DAMAGE DEPOSIT</b> ( <i>please make separate cheques payable to NSSCA</i> ) Deposits, less any cost of damage or loss will be returned as soon as possible after the event	<input type="text"/> @ £100 /team	£ <input style="border: 2px solid black;" type="text"/>

## Team Manager

<b>NAME</b>			
<b>ADDRESS</b>			
<b>TELEPHONE</b>	(Home)	(Mob)	<b>Email</b>

**Declaration:**

I have read the Disclaimer of Liability and the Parent/Guardian Declaration on the Personal Registration form and understand my responsibilities as the Team Manager and where appointed by the parent/guardian, the person appointed in loco parentis

I confirm that the above named competitors are bona fide members of our organisation, which in turn is a fully paid up member of NSSA

**Signed:**

**Date:**

**CLOSING DATE FOR ENTRIES – FRIDAY 11 SEPTEMBER 2009**

Please return your entry form, no later than the closing date to:  
Ian Hall, 23 Nursery Hollow, Glen Parva, Leicester, LE2 9NX

# NSSA TEAM RACING CHAMPIONSHIPS 2009

3 & 4 October 2009 – Hollowell Sailing Club

## CATERING & ACCOMMODATION

TEAM NAME	Male	Female	
Number of Competitors			<ul style="list-style-type: none"> <li>•Mixed teams must be supervised by both male and female adults at all times</li> <li>•Travel Lodge accommodation is in family rooms with 1 double and 2 single beds</li> <li>** Note that we have a limited number of rooms at this price and they will be allocated on a 'first come, first served' basis and a preference given to those booking both nights.</li> <li>•All accommodation and entertainment payments are <b>NON REFUNDABLE</b></li> </ul>
Number of rooms required for competitors			
Number of adults			
Number of rooms required for adults			
Total number of rooms required			

## Accommodation, Meals, and Entertainment

			Total £
Number of rooms required on Friday night**	<input type="text"/>	@ £40 per room	£
Number of rooms required on Saturday night**	<input type="text"/>	@ £40 per room	£
Number of breakfasts required on Saturday	<input type="text"/>	@ £2.50 ea	£
Number of lunches required on Saturday	<input type="text"/>	@ £2.50 ea	£
Number of 2 course dinners required on Saturday night	<input type="text"/>	@ £6.00 ea	£
Number of breakfasts required on Sunday	<input type="text"/>	@ £2.50 ea	£
Number of lunches required on Sunday	<input type="text"/>	@ £2.50 ea	£

### Saturday Night Entertainment

Bowling: Number of bowlers for 2 games (under 17)		@ £10 per person	
Bowling: Number of bowlers for 2 games(over 16)		@ £12 per person	£

**GRAND TOTAL (TO BE ENCLOSED WITH ENTRY FEES) – SEE OTHER SHEET**

£

### SATURDAY NIGHT ENTERTAINMENT

Please show above if you and your team wish to go bowling at Sixfields (adjacent to the Travelodge) at 8pm on Saturday night. Price is for two games. (maximum 6 per lane) (first come first served).

### CAMPING

A limited amount of space is available at the club for camping

**Please indicate number of pitches required**

**CLOSING DATE FOR ENTRIES – FRIDAY 11 SEPTEMBER 2009**

Please return your entry form, no later than the closing date to:  
Ian Hall, 23 Nursery Hollow, Glen Parva, Leicester, LE2 9NX

# NSSA TEAM RACING CHAMPIONSHIPS 2009

3 & 4 October 2009 – Hollowell Sailing Club

PERSONAL REGISTRATION FORM		
NAME:		D.O.B.
	ADDRESS	
	POST CODE	TEL NO.

## DISCLAIMER OF LIABILITY

Competitors are entirely responsible for their own safety, whether afloat or ashore, and nothing reduces this responsibility. By going out to race, competitors confirm they are competent to sail and compete in the prevailing conditions. Nothing done by the organisers can reduce the responsibility of competitors, nor will it make the organisers responsible for death or personal injury, however it may have occurred, as a result of competitors taking part in the racing. The organisers encompass everyone helping to run the event. The provision of patrol boats does not relieve competitors of their responsibilities.

## IDENTIFICATION & ACKNOWLEDGEMENT OF RISK

We are fully aware and conscious of the potential risks involved in active water sports, including drowning, hypothermia and other physical injuries. We accept that by engaging in active water sports, my physical safety could be endangered. I am also aware that other competitors' actions and the actions or inactions of the organisers of water sports events, including drivers of escort craft, can also endanger my physical safety.

We acknowledge that it is up to ourselves (and any person appointed in loco parentis) personally, to assess whether any event or activity on the water is too difficult for me and understand that the organisers have not arranged personal accident insurance for myself.

As the parent/guardian of the competitor, I understand that under law, the competitor is my dependent and I accept the Disclaimer of Liability, which excludes my dependent's right to claim compensation in certain circumstances. I confirm that my dependent is competent to take part and during the event either I or the person appointed in loco parentis below will be responsible for my dependent throughout the event. During the time my dependent is afloat I or the appointed person will be available at the event venue.

## MEDICAL TREATMENT

If it becomes necessary for the undersigned competitor to receive medical treatment and the organisers are unsuccessful in contacting me to authorise treatment, I hereby give my general consent to any necessary medical treatment and authorise the organiser to sign any document required by the medical authorities

Signed _____ (Competitor)	_____ (Parent/Guardian)	_____ (Date)
Person appointed in loco parentis _____	Emergency phone no. during the event _____	

## MEDICAL INFORMATION

It is a competitor's responsibility to make known any potential medical conditions that may affect their own personal safety during the activities associated with these Championships.

Please identify below, any medical conditions (e.g. asthma, injuries) or medication being taken (e.g. antibiotics) which the organisers should be aware of.

When did you last have a tetanus vaccination Year \_\_\_\_\_

**NATIONAL SCHOOLS SAILING ASSOCIATION  
TEAM RACING CHAMPIONSHIPS 2009  
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<b>DOMESTIC ARRANGEMENTS</b>	
<b>VENUE</b>	Hollowell Sailing Club, Hollowell Reservoir, Hollowell, Northamptonshire, NN6 8RL Tel:01604 740328 www.hollowellsc.org.uk
<b>REGISTRATION</b>	Please report to the clubhouse on arrival. Meal tickets for Breakfasts, Saturday Lunch, Saturday Evening meal, and Sunday Lunch will be issued on arrival
<b>ACCOMMODATION</b>	<p>We have booked a limited number of Family rooms at the Travelodge Northampton Upton Way Hotel</p> <p>Upton Way Northampton Northamptonshire NN5 4EG</p> <p>The rate is £40 per night and they are available on application on a 'first come first served' basis. The hotel is approximately 20 minutes from Hollowell Sailing Club.</p> <p>There is also the possibility of on site camping</p>
<b>FACILITIES</b>	Hollowell Sailing Club has changing rooms and hot showers. There will be a full catering service operating all weekend but we request that main meals are booked in advance on the entry form
<b>MEALS</b>	<p><b>Breakfast</b> – bacon rolls will be available on arrival on Saturday and Sunday</p> <p><b>Saturday Evening Meal – 6.30pm-</b> a hot meal , consisting of a main course and sweet</p> <p><b>Saturday &amp; Sunday Breakfast – 8.30am on</b> – Bacon rolls will be available at the club</p> <p><b>Saturday &amp; Sunday Lunch</b> - lunches will be available at Hollowell S.C, each day</p> <p>Food for guests etc will be available for purchase at Hollowell S.C throughout the weekend</p>
<b>VACATING THE SITE</b>	If camping all guests are requested to vacate their pitch by 10.00am on Sunday. Cars are not permitted to be parked in the dinghy park during the day

**NATIONAL SCHOOLS SAILING ASSOCIATION  
TEAM RACING CHAMPIONSHIPS 2009  
3 & 4 October 2009 – Hollowell Sailing Club**

**GENERAL INSTRUCTIONS**

The 2009 National School Sailing Association Team Racing Championships will be held on the 3<sup>rd</sup> and 4<sup>th</sup> of October at Hollowell Sailing Club in Northamptonshire.

The event will be hosted by the Northamptonshire Schools Sailing and Canoeing Association under the ever watchful eye of Ralph Tingle.

Hollowell Sailing Club is on Hollowell reservoir just off the A5199 between Northampton and Leicester and has new changing and galley facilities. A good view of the racing should be available from the club and from the dam wall adjacent to the clubhouse.

With such a large number of young people it is important that team managers maintain control of their teams at all times, both on and off the water, making sure they are ready on time and respect other peoples needs etc. We have tried to minimise the rules for this event and with your assistance we are sure that the weekend will be an enjoyable experience for all.

<b>REGISTRATION</b>	Saturday morning at Hollowell Sailing Club from 8:30am, for the issue of sailing instructions, tabards & meal tickets, along with confirming the actual team members which you are entering and receiving any outstanding Personal Registration Forms.
<b>COMPETITOR BRIEFING</b>	<p>A regatta briefing document will be published prior to the event and Team Managers are requested to ensure that competitors understand its contents.</p> <p>A competitor briefing will be held on Saturday morning at 09:30 for the purposes of answering any queries relating to the Sailing Instructions and regatta briefing document – <b><u>ONLY</u></b>. Please make sure that your team members clearly understand all the rules and requirements covered in the Sailing Instructions and briefing documents, especially procedures for protesting and gear failure.</p>
<b>SAFETY</b>	Adequate personal buoyancy, utilising closed cell foam as the buoyancy material and complying with the 50N category of the European Standard (CE), shall be worn at all times when afloat
<b>PRIZES</b>	The award of prizes for the Championships and Plate will take place in the clubhouse as soon as possible after the finish of racing
<b>Hollowell SC BYE-LAWS</b>	<p>The following prohibitions are laid down by Anglian Water Authority</p> <ol style="list-style-type: none"> <li>a) No member or visitor shall commit any act which may result in the fouling of the premises or of the water.</li> <li>b) Boats must not be beached outside club grounds except in an emergency</li> <li>c) Sailors must not interfere with the fishing and other rights enjoyed by third parties</li> <li>d) Vehicles must not be taken on to the boat park, except to deliver boats and then returned immediately to the designated parking areas</li> <li>e) Dogs are not permitted anywhere in the sailing club grounds and must be on a leash elsewhere near the reservoir.</li> </ol>